

FÉDÉRATION SÉNÉGALAISE DE NATATION ET DE SAUVETAGE



Zone 2

8th AFRICAN ZONE 2 SWIMMING CHAMPIONSHIPS

Dakar, 27 – 29 May 2022



FÉDÉRATION SÉNÉGALAISE
DE NATATION ET DE SAUVETAGE

PROGRAM

DAY 1 MORNING (10H : 00)

Direct finals		
Event N°	Event	Gender
1	100m Freestyle	Women
2	100m Breaststroke	Men
3	400m Individual Medley	Women
4	200m Freestyle	Men
5	50m Backstroke	Women
6	50m Backstroke	Men
7	4x200m Free Relay	Women

EVENING (17H : 00)

Direct finals		
Event N°	Event	Gender
8	100m Butterfly	Men
9	200m Freestyle	Women
10	400m Individual Medley	Men
11	200m Breaststroke	Women
12	50m Breaststroke	Men
13	50m Butterfly	Women
14	4x100m Free Relay	Mixed

DAY 2 MORNING (10H: 00)

Direct finals		
Event N°	Event	Gender
15	400m Freestyle	Women
16	100m Freestyle	Men
17	100m Backstroke	Women
18	200m Backstroke	Men
19	50m Breaststroke	Women
20	50m Butterfly	Men
21	4x100m Free Relay	Women
22	4x200m Free Relay	Men

EVENING (17H: 00)

Direct finals		
Event N°	Event	Gender
23	100m Butterfly	Women
24	400m Freestyle	Men
25	100m Breaststroke	Women
26	200m Breaststroke	Men
27	800m Freestyle	Women
28	4x100m Free Relay	Men

DAY 3 MORNING (09H: 00)

Direct finals		
Event N°	Event	Gender
29	200 m Butterfly	Men
30	200 m Individual Medley	Women
31	100 m Backstroke	Men
32	50 m Freestyle	Women
33	1500 m Freestyle	Men
34	4x100 m Medley Relay	Mixed

MORNING (12H: 00)

Direct finals		
Event N°	Event	Gender
35	200 m Butterfly	Women
36	50 m Freestyle	Men
37	200 m Backstroke	Women
38	200 m Individual Medley	Men
39	4x100 m Medley Relay	Women
40	4x100 m Medley Relay	Men

DAY 3 EVENING (17H: 00) 5 Km Open Water

FÉDÉRATION SÉNÉGALAISE DE NATATION ET DE SAUVETAGE



Zone 2

8^{èmes} CHAMPIONNATS D'AFRIQUE

DE NATATION - ZONE 2

Dakar, 27 – 29 Mai 2022



FÉDÉRATION SÉNÉGALAISE
DE NATATION ET DE SAUVETAGE

PROGRAMME

JOUR 1 MATIN (10H : 00)

Finales directes		
N° Epreuve	Epreuves	Genre
1	100m Nage Libre	Dames
2	100m Brasse	Messieurs
3	400m 4 Nages	Dames
4	200m Nage Libre	Messieurs
5	50m Dos	Dames
6	50m Dos	Messieurs
7	Relais 4x200 m Nage Libre	Dames

SOIR (17H : 00)

Finales directes		
N° Epreuve	Epreuves	Genre
8	100m Papillon	Messieurs
9	200m Nage Libre	Dames
10	400m 4 Nages	Messieurs
11	200m Brasse	Dames
12	50m Brasse	Messieurs
13	50m Papillon	Dames
14	Relais 4x100 m Nage Libre	Mixte

JOUR 2 MATIN (10H : 00)

Finales directes		
N° Epreuve	Epreuves	Genre
15	400m Nage Libre	Dames
16	100m Nage Libre	Messieurs
17	100m Dos	Dames
18	200m Dos	Messieurs
19	50m Brasse	Dames
20	50m Papillon	Messieurs
21	Relais 4x100m Nage Libre	Dames
22	Relais 4x200m Nage Libre	Messieurs

SOIR (17H : 00)

Finals		
N° Epreuve	Epreuves	Genre
23	100m Papillon	Dames
24	400m Nage Libre	Messieurs
25	100m Brasse	Dames
26	200m Brasse	Messieurs
27	800m Nage Libre	Dames
28	Relais 4x100 m Nage Libre	Messieurs

JOUR 3 MATIN (09H : 00)

Finals		
N° Epreuve	Epreuves	Genre
29	200 m Papillon	Messieurs
30	200 m 4 Nages	Dames
31	100 m Dos	Messieurs
32	50 m Nage Libre	Dames
33	1500 m Nage Libre	Messieurs
34	Relais 4x100 m 4 Nages	Mixte

MATIN (12H : 00)

Finals		
N° Epreuve	Epreuves	Genre
35	200 m Papillon	Dames
36	50 m Nage Libre	Messieurs
37	200 m Dos	Dames
38	200 m 4 Nages	Messieurs
39	Relais 4x100 m 4 Nages	Dames
40	Relais 4x100 m 4 Nages	Messieurs

JOUR 3 SOIR (17H: 00) 5km Natation en Eau libre